


FOOTPRINTS

— BEAUTY —

Faneeza Mower
CIBTAC



Beauty treatments
in the heart of Essex

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WELCOME



My passion for beauty has driven my career for the last 20 years and it was always my dream to open my own salon. I founded Footprints Beauty in 2009. Where did the time go!

At my bespoke built home-based salon you will find a soothing and relaxing idyll, partnered with my professional and friendly approach.

I only use salon professional products that have the additional credentials that I look for. So for example, if you were to book a facial you will experience the wonderful aromatherapy range from Eve Taylor London.

- Established in 1963 by Eve Taylor OBE
- Made in the UK
- Made with essential oils and botanicals
- Never tested on animals
- Recyclable packaging
- Support environmental projects

I am committed to continually developing my knowledge and skills in order to provide you with the optimum treatment experience and results. I strongly advise you to always check that your beautician is qualified in all the treatments they advertise. Here are just some of my qualifications and specialist training certifications

- CIBTAC (Confederation of International Beauty Therapy & Cosmetology) from Steiner Beauty School in London
- IRMT (International Register of Massage Therapists)
- Indian Head Massage at A. Bond School of Therapies
- Brazilian waxing techniques, and the use of Hot Wax (non-strip wax) Kim Lawless (the renowned 'wax queen')
- Guinot Salon Training (a brand I have used in my salon for the last fifteen years)
- Eve Taylor Salon Professional Training

And last, but perhaps by no means least, I should mention that you can park right outside and there's no busy salon reception to negotiate as I will greet you at the door. So if you're ready to step inside and unwind, have a browse of my treatment menu.

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FACIALS

About Eve Taylor Facials

Eve Taylor OBE, the pioneering aromatherapist, established this brand in 1963 which was born from her passion about natural skincare. All products have been thoroughly researched, sustainably sourced, developed and manufactured in the UK. This brand is 100% natural essential oils based, animal and environmentally friendly. Eve Taylor products are formulated to balance the skin's pH levels and are free of parabens, artificial colours and fragrances that can be harmful for the skin. They contain active ingredients that work deeper than the upper layer of the skin, giving highly effective results.

Express Prescriptive Facial - all skin types

The perfect mini treatment is suitable as an introduction to Eve Taylor products, or those who have not experienced a facial before. It will refresh your skin with aromatic cleansers, then buff away dulling skin cells. A masque will be applied to nourish and hydrate the skin, followed by a moisturiser.

(30 mins) 25.00 Add-on: Leg & Foot massage 15.00

Essential Prescriptive Facial - all skin types

Suitable for clients who wish to see skin improvements, while offering a sense of wellbeing and relaxation. Tailored to your current skin condition to achieve the best skin possible. Aromatherapy products are selected to deeply cleanse, exfoliate and prepare the skin to absorb aromatic massage oils and luxurious masques. Skin is left replenished, hydrated and protected with an all over glow.

(60 mins) 45.00 Add-on: Eye Bright Treatment 20.00;
Leg & Foot massage 15.00

Hydrating Facial - all skin types

The perfect facial to intensely hydrate parched skin, especially pre or post-holiday. Also suitable for those who can often experience dehydration due to their workplace environment. It restores hydration to your skin, plumps and softens fine lines.

(60 mins) 52.00 Add-on: Eye Bright Treatment 20.00;
Leg & Foot massage 15.00

FACIALS

Cryogenic Facial - mature ageing skin

Created for mature clients concerned with advanced signs of ageing, such as loss of elasticity and loose skin texture. This facial offers the ultimate in skin firming and nourishment. It resurfaces, smooths and refines the skin surface while expertly blended formulations and masques tones the skin leaving it smooth, soft and rejuvenated.

(60 mins) 58.00 Add-on: Leg & Foot massage 15.00

Eye Bright Treatment

This treatment conditions and refines the eye area to treat dark circles, dehydration and crepiness. Using specific massage techniques, eyes are left soothed, brightened and revitalised. While the mask is taking, you can relax even more with a scalp massage.

(30 mins) 30.00 Note: this treatment can be performed on its own, or as an add-on with a facial or leg & foot massage.



WAXING

	Hot Wax	Strip Wax
Full leg		26.00
Half leg - lower		16.00
Half leg - upper		18.00
Bikini line	14.00	
Bikini - extended	19.00	
Brazilian and Hollywood	33.00	
Arm, full		14.00
Arm, half		10.00
Eyebrows	13.00	10.00
Wax Trio (brows, lip and chin)		24.50
Lip		8.00
Chin		9.00
Lip and chin		16.00
Sides of face incl. jawline		from 12.00
Underarms	11.00	9.00
Full leg (s/wax), bikini line (h/wax), underarms (h/wax)	49.00	
Full leg (s/wax), bikini line (h/wax), underarms (s/wax)		47.00

HANDS AND FEET

Manicure

File, cuticle, massage, polish, quick dry top coat, cuticle oil	23.00
File and Polish	15.50

Pedicure

File, cuticle, massage, polish, quick dry top coat, cuticle oil	30.00
File and Polish	15.50

EYES

Eyelash tint	14.50
Eyebrow tint	10.00
Eyelash and eyebrow tint	23.00



BODY TREATMENTS

Back Cleanse Treatment (facial for the back)

A deeply relaxing treatment using hand blended essential oils to help unblock pores and remove impurities from a much neglected area.

(50 mins)

50.00



Packages for Special Occasions

Packages can be arranged to suit any occasion. Please speak with me for more information.

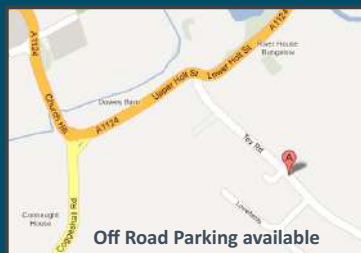
MEN

FACIALS (all as shown on previous page)

HAIR REMOVAL

Chest wax	from 22.00
Back wax	from 22.00
Chest and back wax	42.00
Eyebrow tidy (wax, tweeze)	from 15.00

Payment accepted by cash, cards and bank transfer (immediately after treatment). All times shown include consultation, preparation and treatment. Gift vouchers are available for all treatments.



Opening Hours

Tuesday	9 - 5
Wednesday	9 - 5
Thursday	12 - 8
Friday	10 - 7

Flexible hours are available at the therapist's discretion.